



COMMUNITY  
*Food* WAREHOUSE  
OF MERCER COUNTY

# SECOND ANNUAL 5K RACE/2 MILE WALK TO END HUNGER

**Help us raise \$35,000 to feed the hungry in Mercer County**  
**Sunday, September 25, 2011 • Buhl Park, Hermitage, PA**

- Start:** Run begins at 9:00 AM at the Casino with walk to follow immediately
- Proceeds:** **Community Food Warehouse of Mercer County**
- Awards:** Top 3 Male & Female overall. Top Male & Female Masters (50 and over) Age Group Awards: M & F Divisions: 9 & under, 10-14, 15-19, 20-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-69, 70 +. Top 3 in each age group.
- Teams:** Corporate Team Challenge. The business/organization that registers the most runners/walkers will be awarded the "Myron Award" and be added to the CFW "Hall of Fame." Please list team name below.
- Directions:** From Shenango Valley Mall (intersection of PA Rt. 18 and US Rt. 62 Business) take Rt. 62 Business (State St.) south to Sharon. Turn right at first traffic light after Preston Ford onto Forker Blvd. Go ¾ mile to Buhl Park. Watch for race signs.
- Fee:** \$7.00 pre-registered (by September 19th); \$10.00 on race day (registration closes at 8:30 AM) \$11.00 extra for **Commemorative Race T-Shirt**. T-Shirt supplies are limited on race day.
- Mail-In Registration:** Make checks payable to "CFW 5K Race/2 Mile Walk" and mail to:  
Community Food Warehouse of Mercer County • 109 S Sharpsville Ave., Suite A, Sharon, PA 16146
- On-Line Registration:** Available at [www.foodwarehouse.org](http://www.foodwarehouse.org)
- Contact Information:** Joe Mielecki at 724-962-1477 or CFW at 724-981-0353

Name: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_ Gender: M \_\_\_\_\_ F \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Phone: \_\_\_\_\_

Email Address: \_\_\_\_\_

**I will participate in the:**  5 K Race  2 Mile Walk

**Check one:**  \$7.00 Preregistration Only (no T-shirt)  
 \$18.00 for Preregistration with T-Shirt (Indicate Size:  SM  M  L  XL  XXL )

**Make checks payable to:** "CFW 5K Race/2 Mile Walk"

**Waiver:** In consideration of the acceptance of this entry, I waive for myself, my heirs, and assigns all claims for damages which I might have against the race, its sponsors, or other organization or individual as a result of any and all injuries which might be received during the contest. I also release any photos which may involve myself. (cm)

**SIGNATURE REQUIRED** (Parent signature if runner is under 18) \_\_\_\_\_

**TEAM:** \_\_\_\_\_